

#### UIHS May-Gay-Tolh-Kwe Youth Summer Day Camps 2021

## APPLICATION for SUMMER DAY CAMP PEER COUNSELOR & LEADERSHIP OPPORTUNITY

United Indian Health Services, Inc. (UIHS) thanks you for your interest in applying for the peer counselor leadership opportunity as part of our May-Gay-Tolh-Kwe ("a healing place" in the Yurok language) Youth Summer Day Camp 2021, which will be held

- June 28-July 2, 2021 at the Potawot Health Village in Arcata
- July 12-16, 2021 at Resignini Rancheria Community Center in Klamath
- July 19-23, 2021 at the Elk Valley Rancheria Community Center in Crescent City

All participants chosen to participate in this project the will be required to arrive at the UIHS day camp location by 8 am Monday – Friday and remain until all campers are picked up daily.

All Peer Counselors will be required to attend a leadership training prior to camp. The training will include team-building activities, an overview of the roles/responsibilities of peer counselors, emergency protocol and basic first aid training, a review of the summer camp agenda and more. This will be a chance for peer counselors to get acquainted with one another, be introduced to adult summer camp staff and develop their leadership skills!

May-Gay-Tolh-Kwe Youth Summer Day Camp 2021 will provide a safe and positive camping experience for American Indian community youth ages 9-11 who are registered with UIHS. Campers will be introduced to local cultural traditions and have the opportunity to participate in many activities that promote and encourage healthy lifestyle choices.

Cultural activities will include necklace making, storytelling, and traditional games. Presentations & activities on health & wellness related topics such as diabetes prevention, self-esteem building, nutrition, recycling and environmental education. Campers will also participate in daily hikes, nature walks, games and various physical activities.

Counselor Application Packet is DUE Wednesday, June 9, 2021 by 5pm at the UIHS Potawot Health Village 1600 Weeot Way Arcata, CA 95521 Faxed applications are acceptable (707) 825-5055

If you have any questions or need more information, please contact the UIHS Human Resources Department at (707) 825-5000 or the UIHS Tribal Public Health Division at (707) 825-5070.

# UIHS YOUTH SUMMER DAY CAMP PEER COUNSELOR & LEADERSHIP OPPORTUNITY PARTICIPANT RESPONSIBILITIES

#### PEER COUNSELOR LEADERSHIP OPPORTUNITY OVERVIEW:

All peer counselors will participate in a leadership training which will introduce team-building activities through a variety of hands-on activities and group presentations. The leadership training will include information about traditional activities that will be shared with youth campers during the summer day camp. Peer counselors will also be introduced to basic emergency protocol and first aid training. Peer counselors will be given the opportunity to work with adult summer day camp staff to assist with motivating, encouraging and supervising summer day camp youth participants aged 9-11 years old. Peer counselors will serve as positive role models by leading by example and participating in all summer camp activities.

#### MAJOR TASKS and RESPONSIBILITIES:

- Be responsible for assisting adult summer camp staff with team supervision of campers.
- Be a positive role model by demonstrating respect to all campers, counselors, staff, elders and guest presenters.
- Willingly and enthusiastically participate in all group activities and workshops; this can include physical activity such as hiking and sports.
- Provide assistance to camp director, coordinators, adult camp counselors, and guest presenters as requested.
- Demonstrate an open willingness to share traditional and cultural knowledge that helps to motivate and inspired campers to participate in workshops and activities.
- Report any inappropriate activity or behavior and to the camp coordinators/director.
- Practice confidentiality.
- Acquaint yourself with counselor roles and responsibilities, emergency protocol, first aid kit, camp agenda, camp boundaries, etc.
- Will not engage in any inappropriate behavior such as: profanity, physical violence, verbal abuse and sexual misconduct, consumption or possession of any controlled substance. No tobacco use will be permitted.

#### **ELIGIBILITY REQUIREMENTS for PEER COUNSELORS:**

All American Indian youth between the ages of 15-17 years old by June 9, 2021 are encouraged to apply if they have a willingness to participate in leadership training activities; have the desire to develop leadership skills; are excited about the opportunity to camp out in a traditional village setting and work with a team to provide fun and exciting activities to other youth from our community. All participants must be drug, alcohol and tobacco free.

### APPLICATION FOR UIHS SUMMER DAY CAMP 2021 PEER COUNSELOR & LEADERSHIP OPPORTUNITY

| NAME                                  | DATE:  |     |
|---------------------------------------|--|-----|
| ADDRESS:                              | GENDER: M / F (circle)   |     |
| CITY/STATE:                           | ZIP  |     |
| PHONE:                                | EMAIL:   |     |
| Will you between the ages of 15 -17   | years old as of June 9, 2021? YES/ NO (circle)                     |     |
| Shirt size:                           |  |     |
| Tribal Affiliation:                   |  |     |
| Please describe any experience you h  | nave working with youth:   |     |
|                                       |  |     |
|                                       |  |     |
| Please list any experience with local | American Indian cultures that you would be willing to share at cam | ıp: |
|                                       |  |     |
|                                       | <del>-</del>   |     |
| Please explain why you are interested | d in working for UIHS Youth Summer Camp:                           |     |
|                                       |  |     |
|                                       | <del></del>  |     |
| What do you expect to be doing in 5 y | years?   |     |
|                                       |  |     |
|                                       |  |     |

Which UIHS Summer Day Camps 2021 are you available to work at? Please circle all that apply.

- o June 28-July 2, 2021 at the Potawot Health Village in Arcata
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## APPLICATION FOR UIHS SUMMER DAY CAMP 2021 PEER COUNSELOR & LEADERSHIP OPPORTUNITY (PG. 2)

| EDUCATION AND TRAINING |  |   |  |  |
|------------------------|--|---|--|--|
| Sch                    | Schools Attended:                            |   |  |  |
| Plea                   | ase check any activities that you ha         | ve been involved with:  |  |  |
|                        | Recreational and/or school spe               |   |  |  |
|                        | School Clubs and/or Student C                | ganizations   |  |  |
|                        | Peer Counseling                              |   |  |  |
|                        | UIHS TAG (Teen Advisory Group<br>Youth Group | or POWER (Peers Offering Wisdom Education & Respect) or other UIHS  |  |  |
|                        | American Indian Ceremonies a                 |   |  |  |
|                        | JOM/ Indian Education Program                |   |  |  |
|                        | Community Involvement (pleas                 | e list & describe below)  |  |  |
|                        | m the experience:                            |   |  |  |
|                        |  |   |  |  |
|                        |  | <del></del>   |  |  |
| cou                    | inselors and guest presenters; stay          | I be on time to all functions and activities: cooperate with all staff, away from drugs, alcohol, and tobacco; lead by example by teaching s their ancestors and traditions as members of the American Indian |  |  |
| App                    | olicant Signature:                           | Date:   |  |  |

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