

# Starting Seeds Indoors

**Thank you for joining the team at Blue Lake Rancheria's Daluviwi' Community Garden in an Indoor Seed Starting project offered through the Humboldt County 4H Program!**

Spring is just around the corner and it's a great time to start vegetable and flower seeds in preparation for the warmer weather to come.

In this kit are supplies and instructions for starting vegetable and native wildflowers seeds at home. You can then plant them at home or at Daluviwi' Community Garden and tend to them until it's time for harvest.

**Make sure to take pictures of your seedlings as they grow to share with other participants and discuss how the project is going and what you have learned along the way.**

**Feel free to reach out to Daluviwi' Community Garden staff anytime if you have questions or need help with your project.**

## **Your seed starting kit includes:**

- Seed starting and transplanting instructions
- Lettuce, tomato, kale, and California poppy seeds
  - Four 6-cell seed starting trays
  - Potting mix
  - Plant labels

**(All supplies have been handled according to COVID-19 safety guidelines)**

## **Contact:**

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